

Saturday & Sunday, August 4 & 5, 2018 - "Everyday Saints - Week 9 - Foundations of a Healthy Family" - Doug Kempton

Key Passages: 1 Peter 4:1-11

- Feel free to read the passage(s) out loud as a group
- Allow the group to share freely about what stood out to them from the passage or from Sunday's message

Main Ideas

- We have talked about "household codes" and that we are called to live as a family on mission
- RECAP: Emotional ingredients for health → Unity of mind (like harmony in music not in unison, Sympathy (compassion/being broken with the broken), Brotherly Love (Committed to one another, the word philadelphia), Tender hearted (encouragement/kind words), Humble mind (honoring one another because we know who we are in Christ)
- 1 Peter 4:1-11
- We have an incredible opportunity when we suffer
 - We seldom grow without experiencing some sort of pain
 - We can suffer in a way that others see the work of God in our lives
- 4:1- Jesus suffered and experienced pain
 - He kept his eyes on God and the will of the father
 - We need to have the same mindset as Jesus
- Major thread in 1 Peter is how to have an impact as followers of Jesus
- Suffering with the mind of Christ makes an impact on those around us
- **Suffering, if we allow it to, produces the character we need to carry the ministry that God has entrusted to us**
- To be like Jesus means...
 - Because Jesus suffered, we suffer
 - Because Jesus laid down his life for others, we are to lay our lives down for others
 - Because Jesus left his comfort and privileges to be with us, we are called to do the same
- Physical Ingredients for Health (what we are to physically do)
 - PRAY: Jesus could return at any moment and our lives are short, we are called to be ready and this will shape our prayers
 - LOVE: the word Agape, it has to do with action, sacrifice, care for others
 - HOSPITALITY: Making space in your life and in your heart (not just cooking a good meal or inviting people into your home)
 - SERVING: We all have gifts and are called to use them in and for the kingdom (C-groups can be a place we use and live out our gifts)
- Last week pastor G talked about who we are called to BE and this week is about what we are called to DO
- These are the ingredients of a healthy family, a healthy c-group, and a healthy church

Questions (Feel free to use all of these, some of these, or none of these)

1. When was a time that God gave you an incredible opportunity through suffering?
2. How is God calling you to keep your eyes on Him in the midst of suffering now or in the future?
3. How has God used suffering to grow your character?
4. What do you think it means for you to be like Jesus in your family/work/ministry context?
5. Which of the Physical Ingredients for Health do you need to grow the most in and why? (Pray, Love, Hospitality, Serving)
6. What is God inviting you into as a result of this passage or message?

****15 Minutes with God Reading Plan-**

Mon: 2 Corinthians 12 Tues: 2 Corinthians 13 Wed: Zephaniah 1 Thurs: Zephaniah 2 Fri: Zephaniah 3

Songs from the weekend: [*Again I Say Rejoice* - Israel Houghton] - [*Higher* - Grace Original] - [*Made A Way* - Travis Greene] - [*Praises (Be Lifted Up)* - Bethel Music]