

Saturday & Sunday, August 11 & 12, 2018 - “Everyday Saints - Week 10 - The Key to 1 Peter” - Doug Kempton

Key Passages: 1 Peter 5:5b-11, Deuteronomy 8:11-17, James 4:6b-8a

* + Feel free to read the passage(s) out loud as a group
	+ Allow the group to share freely about what stood out to them from the passage or from Sunday’s message

Main Ideas

* + We have learned about an emotionally healthy culture (what we should be internally) and foundations of health (what we should be doing) the past few weeks
	+ 1 Peter 5:5b-11 is all about Humility
		- We can’t walk out out faith without this key ingredient
		- Humility goes against modern culture and we even sometimes associate humility with weakness
		- As God is taken out of society the world is more and more hostile to Godly humility
		- v5 —> Horizontal Humility: Being aware of our need for others (in business, sports, organizations
			* A lot of people can have this
			* But we can leave God out completely even if we have horizontal humility
		- v6—> Vertical humility (humility before God)
			* You can’t have vertical and not horizontal
			* Vertical humility affects all our relationships and interactions
	+ What is Humility? **A right understanding of one’s self and how utterly dependent we are on God - Doug Kempton**
		- Opposite of humility = PRIDE
			* Pride is a cancer that sneaks into all of our lives
			* Pride was the sin in the garden with Adam and Eve
			* Pride destroys an effective prayer life and causes us to focus on ourselves other than Gd
		- v6: Humble yourselves (it is an intentional choice that we participate in)
			* v7: cast all your anxieties on him because HE CARES FOR YOU
			* Not going into “fix-it” mode
			* Sometimes when God moves or uses us or gives us gifts —>we’re at risk for pride
			* “Careful of saying “look what I have built” or “look what I have done”
			* Satan will use pride to destroy (v8) and devour us (Deuteronomy 8:11-17)
	+ James 4:6b-8a
		- Draw near to God and he will draw near to you
		- We are called to humble ourselves
		- God OPPOSES the proud but if we humble ourselves He will LIFT US UP
	+ 1 Peter 5:10 - And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you.

Questions(Feel free to use all of these, some of these, or none of these)

* 1. When is it hardest for you to be humble and why?
	2. How are you doing with your vertical humility? How are you doing with your horizontal humility?
	3. Describe a time when you realized that you are utterly dependent on God? What was God saying and showing you?
	4. Do you think God has ever opposed you because you were proud? What was it like?
	5. How is God calling you make humility an intentional choice?
	6. How is God asking you to let go of your pride? Be as specific as possible
	7. What is God inviting you into as a result of this passage or message?

\*\***15 Minutes with God Reading Plan-**

**Mon: Titus 1 12 Tues: Titus 2 Wed: Titus 3 Thurs: Ecclesiastes 1 Fri: Ecclesiastes 2**

**Songs from the weekend: [*In Jesus’ Name* - Israel Houghton] - [Raised to Life- Grace Original] - [Only Jesus- Bethel Music] - [*Yes & Amen - Housefires*] - [*Tremble - Mosaic MSC*]**