

Sunday, June 30, 2019 - "Get Fit - Week 2 - Connect" - Doug Kempton

Key Passages: Acts 2:42-47, Proverbs 27:17, 1 Peter 4:10

- Feel free to read the passage(s) out loud as a group
- Allow the group to share freely about what stood out to them from the passage or from Sunday's message

Main Ideas

- The 6 essentials at Grace are not steps...but more like puzzle pieces, part of who we are
- It takes intentionality to grow...physically and also spiritually
- Connect → connecting with God and with others in community (Proverbs 27:17)
 - Beyond Sunday morning
 - You can't grow if you're not connected beyond Sundays
- There some limitations to the gathering (Sunday service)
 - 1) It's easy to disappear in the crowd
 - 2) We can listen and even be moved and still never do anything
 - 3) We can't ask questions and seek clarity
 - 4) No one is holding us accountable or following up
 - 5) No prayer support
- Small groups in the church undercut the "holy man" and "holy place" myth (not about the preacher or the place)
- 1 Peter 4:10
 - We were all created with gifts and a purpose
 - Our gifts are lived out in a small group community
- Acts 2 Gives a template for what to do and what the outcomes are of doing those things
- They **gathered** under the apostles teaching but also **met in homes**
- There are 50 "one another" commands in the new testament
 - We can't live out all of these on Sunday mornings
 - We have to have an intimacy in relationship to do most of them
- 1 Thessalonians 5:11 - Encourage one another and build one another up
- Romans 12:10 - Love one another with brotherly affection. Outdo one another in showing honor
- Ephesians 5:19 - Speaking to one another in psalms, hymns, and songs from the spirit
- James 5:16 - Confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working
- Acts 2:42 - They devoted themselves to fellowship

Questions (Feel free to use all of these, some of these, or none of these)

1. How has the Lord used connection beyond Sunday mornings to grow you in your walk with Him?
2. Give some examples about how being in a small group allowed you to live out the one another commands?
3. How is your life different when you are not connecting with others?
4. What are some limitations of the gathering that you have seen or experienced?
5. How is God calling you to take a step into greater connection with others?
6. What is God inviting you into as a result of this passage or sermon?

****15 Minutes with God Reading Plan-**

Mon: Hebrews 11 Tues: Hebrews 12 Wed: Hebrews 13 Thurs: 1 John 1 Fri: 1 John 2

Songs from the weekend: [Glory to Glory - Bethel Music] - [Raise A Hallelujah - Bethel Music] - [New Wine - Hillsong] - [Praises (Be Lifted Up) - Josh Baldwin]