

Sunday, February 16, 2020 - "You Asked For It - Week 7 - Can I Be Filled With the Holy Spirit?" - Stacey Lemanski M.D.

Key Passages: 1 Peter 1:3, Titus 3:5, Ephesians 5:18, 2 Corinthians 1:21-22

- Feel free to read the passage(s) out loud as a group
- Allow the group to share freely about what stood out to them from the passage or from Sunday's message

Main Ideas

- Who is the Holy Spirit?
 - 1) A divine person and the 3rd member of the Trinity
 - Not just a "force for good" but distinct from God the Father and Jesus
 - 2) **Holy Spirit is an equal member of the triune Godhead**
 - The Spirit is eternal and equal to God
 - There is mystery in the trinity (water analogy...Same substance different forms...same God 3 people)
 - 3) Holy Spirit is our helper
- How does the Holy Spirit help us?
 - 1) The work of regeneration
 - Process of making something new
 - Titus 3:5, when we trust in Jesus we are a new creation
 - 2) Sealing and indwelling every believer
 - 2 Corinthians 1:21-22, a deposit of what's to come...a seal indicates the owner...we belong to Him
 - We are jars of clay carrying the treasure and presence of God
 - 3) Fills us (different than sealing/indwelling)
 - Ephesians 5:18...be filled is a command (we have a role to play) and implies that we might not always be filled
 - Sealing and indwelling happen automatically at salvation
 - "keep on being filled over and over again" (being filled is more like a rushing river than a lake)
- Purpose of being filled with the Spirit
 - Intimacy w/ God + power in ministry (giving the world what only God can give them)
 - True life exists in the river of the Holy Spirit
- 2 ways that we resist the filling of the Spirit
 - Quench the Spirit = When we say not to God
 - Grieve the Spirit = When we say yes to habitual and ongoing sin
- At Grace we embrace the person, power, and the work of the Holy Spirit
 - We don't want to get "weird"
 - There has been abuse of the things of the Spirit throughout history BUT "The solution to misuse and abuse is not disuse; the solution is correct use"
- How do I know when God is speaking to me?
 - 1) God wants to speak to you more than you want to hear from Him
 - 2) His sheep know His voice
 - 3) Don't worry
 - 4) His voice will never contradict properly interpreted scripture
 - 5) He can speak through whisper, still small voice, dreams, vision
 - 6) If God speaks and it requires action, take risk/courage and follow through

Questions (Feel free to use all of these, some of these, or none of these)

1. What do you think of when you think about being filled with the Holy Spirit?
2. What does it mean to you that the Spirit seals and indwells you?
3. What have you learned about quenching and/or grieving the Holy Spirit?
4. How have you heard the Spirit speak to you in the past?
5. How can you grow in listening to God and waiting for Him to speak through Holy Spirit?
6. How have you heard from What is God inviting you into as a result of this passage or sermon?

****15 Minutes with God Reading Plan-**

Mon: Song of Songs 7 Tues: Song of Songs 8 Wed: Lamentations 1 Thurs: Lamentations 2 Fri: Lamentations 3

Songs from the weekend: [Joy - VaShawn Mitchell] - [Made A Way - Travis Greene] - [Jesus We Love You - Isabel Davis] - [Surrounded (Fight My Battles) - Upperrroom]