

Sunday, November 15, 2020 - "Average Joe - Week 7: From Pain Has Power" - Kevin Dupree

Key Passages: Genesis 42:1-26, Hebrews 12:14-15, John 8:36, 1 Peter 5:10

- Feel free to read the passage(s) out loud as a group
- · Allow the group to share freely about what stood out to them from the passage or from Sunday's message

Main Ideas

- Genesis 42:1-26
 - Pain has power...to dictate who we trust, who we love, how we think
 - What pain has power in your life?
- Joseph's brothers were still stuck on the pain they had caused (they thought that was the reason for everything going wrong in their lives)
- · Pain does one of two things
 - It can keep us down/hold us back
 - Or it can prompt us to pursue success and achievement in our own strength (Thinking we can turn what was meant for evil into good instead of God)
- · Root of Bitterness
 - Hebrews 12:14-15
 - Bitterness = anger and disappointment at being treated unfairly, resentment
- Joesph knew how to get the most of what God took him through
- God's dream can't come to pass in bitterness Kevin Dupree
 - Joseph eventually saw the dream that God gave him come true
 - Not just the good life, the God life
 - Some of us would rather go to our grave holding a grudge than saying, "God have your full way in me"
- WE struggle with the fear of being hurt again
 - Some things we aren't willing to do
 - But God will help us through it
- Joseph remembered the dream and not just the pain
 - Mind stayed on God and not focused on the pain
 - What is driving your life? Pain or God's glory?
 - Joseph didn't forgive right on the spot
 - Had to do the heart work
 - Can't wait until it shows up to process it and work through it
- Some of us look awesome, but deep down there is pain
 - Are we willing to forgive?
 - There is a purpose and a plan to the healing process
 - 1 Peter 5:10 God is the one who does the restoring (like he did with Joseph)
- John 8:36
 - Will you let Him do the heart work?
 - BE FREE

Questions (Feel free to use all of these, some of these, or none of these)

- 1. What pain has power in your life today? How does it affect you?
- 2. What has God taught you about a root of bitterness towards Him or towards others?
- 3. What would it look like for your life to be driven by God's glory instead of pain?
- 4. How is God asking you to engage in what's going on deep down?
- 5. Talk about a time when God took you the process of healing and restoration? What was it like? What did you learn?
- 6. What is God inviting you into as a result of this passage or sermon?

**15 Minutes with God Reading Plan-

Mon: Psalm 119:1-48 Tues: Psalm 119:49-88 Wed: Psalm 119:89-136 Thurs: Psalm 119:137-176 Fri: Psalm 120

Songs from the weekend: [Mountaintops - The Belonging Co] - [Everlasting God - William Murphy] - [Endless Alleluia - Bethel Music] - [Praises (Be Lifted Up) - Bethel Music]