

Press Play - Games at Home - Preschool

Day 1

Mirror, Mirror Outside Edition

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: Sidewalk chalk, and a handheld mirror

What You Do:

Before the Activity:

- Draw a circle with a triangle play button inside with sidewalk chalk. Your child will step on it like a button.
- Draw different lines with chalk (dashed, straight, loopy, zig zag, etc.) coming out of the Play Button leading in different directions.
- Keep the lines up for the whole week. They will be used in games throughout the week.

During the Activity:

- Have your child start at the Play Button and follow the line to where you will be standing at the end holding a mirror.
- When your child gets to the end of the chalk line, instruct them to look in the mirror and say, "Jesus loves me."
- Direct your child to go back to the Play Button and walk on a different line. Parent moves to that line.
- Repeat as long as desired.

After the Activity:

- Talk about how Jesus loves us.

What You Say:

Before the Activity:

"Let's go outside play a game!"

During the Activity:

"Look at the chalk drawings. I see a Play Button! *(Pause.)* There are lots of different lines leading out of it. Jump on the Play Button and follow a line. *(Parent, stand at the end of the line your child is following.)* You made it to the end of the line! Look in my mirror and say, "Jesus loves me." *(Pause.)* Awesome! Follow the line back to the Play Button and pick another line to follow. *(Parent, stand at the end of the line your child is following.)* You made it! Look in the mirror and say, "Jesus loves me." *(Pause.)* Let's do it again. *(Repeat as long as desired.)* Let's go sit down at the Play Button."

After the Activity:

"No matter what line you traveled, when you got to the end and looked in the mirror, what did you say? *(Pause.)* Jesus loves me. Yes! The same Jesus who can do amazing things like calming storms and making people better wants to be your friend. Jesus knows all about you and loves you. **Who loves you? [Bottom Line] Jesus loves me.**"