

Press Play - Games at Home - Preschool

Day 5

Sheep . . . Baa!

Made to Move: An activity that uses a preschooler's natural desire to move to help them learn

What You Need: no supplies needed

What You Do:

Before the Activity:

- Pick a room or area with open space where the game will be played.
- Take turns playing a version of "Marco Polo."
- Have your child pretend to be a sheep somewhere in the room, they can move around.
- You be the shepherd and stand in the center.
- Your child will be the sheep.

During the Activity:

- Stand in the center of the room with your eyes closed and call, "Sheep!"
- When your child hears "Sheep!" they will answer with, "Baa!"
- Carefully move to your child, continue until you've found them. Then they can be the shepherd for the next round.
- *(Option: You can be the shepherd every round depending on the age of your child.)*

What You Say:

Before the Activity:

"Do you know what shepherds do? They take care of their sheep! When one is lost, the shepherd will search until the sheep is found. I will be the shepherd and you will be the sheep. You can move around anywhere in this room. Since I'm the shepherd, I will close my eyes and say, 'Sheep!' You will be the sheep and answer, 'Baa!' Are you ready? Here we go."

During the Activity:

(Close eyes) "Sheep! Baa! *(Move towards your child)* Found you! You're the next shepherd. Now you close your eyes and say, 'Sheep!' And I'll be the sheep you try to find."

After the Activity:

"Jesus told the story about a shepherd with one hundred sheep. That's a lot of sheep! When one got lost, the shepherd left the other ninety-nine to find his lost sheep. *(Child's name.)*, you are important to Jesus just like the lost sheep was important to the shepherd. I'm so glad that **[Bottom Line] Jesus loves me. Who loves you? [Bottom Line] Jesus loves me.**"