

Sunday, November 7, 2021 - "Jason Wilson Interview"

Key Passages:

- Feel free to read the passage(s) out loud as a group
- Allow the group to share freely about what stood out to them from the passage or from Sunday's message

Main Ideas

- We can end up accomplishing what we want for our life instead of God's will for our lives
- We need to become comprehensive men and comprehensive people
 - Jesus was the lion AND the lamb
 - This requires vulnerability
- The quality of our lives is determined by the quality of our emotions
- We don't know how to engage in conflict
 - It becomes volatile
 - We need what Jason calls "Courageous Transparency"
 - We need to express ourselves without the fear of being condemned
 - This allows us to appropriately deal with conflict
- Sometimes we hear someone saying something else we're doing wrong instead of listening to their heart
- We are products of forgiveness so we extend forgiveness
- When we hold on to anger and bitterness, we can't focus on what we need to do in the moment

Questions (Feel free to use all of these, some of these, or none of these)

1. How have your emotions affected the quality of your life, positively or negatively?
2. What does it mean to you to be a comprehensive person?
3. What have you learned about navigating conflict in your relationships?
4. What have you learned about holding on to anger and bitterness? How have you grown?
5. How is God calling you to "run into the battle" for your thoughts and your heart?
6. How does your understanding of Jesus shape your understanding of your emotions?
7. What is God inviting you into as a result of this interview?

****15 Minutes with God Reading Plan-**

Mon: 1 Peter 1 Tues: 1 Peter 2 Wed: 1 Peter 3 Thurs: 1 Peter 4 Fri: 1 Peter 5

Songs from the weekend: [Graves Into Gardens - *Elevation Worship*] - [Do It Again - *Elevation Worship*] - [Living Hope - *Phil Wickham*] - [Jesus We Love You - *Bethel Music*]