

Sunday, August 28, 2022 - "Summer in the Psalms - Week 8: Psalm 90 - Number Your Days" - Doug Kempton

Key Passages: Psalm 90, Luke 11:1, Proverbs 24:32

- Feel free to read the passage(s) out loud as a group
- Allow the group to share freely about what stood out to them from the passage or from Sunday's message

Main Ideas

- A recurring phrase in the Psalms is "Teach me"
- What makes a good student? (God is always teaching. We are called to be good students)
 - A hunger for learning
 - Good listener
- Psalm 90: Context
 - Oldest Psalm, written by Moses late in his life (post exodus)
 - A prayer written by Moses about who God is and how he is to respond
- Moses answers 4 questions: Who is God? Who am I? How should we respond? How should we pray?
- You have been our dwelling place
 - Place of security, of refuge and strength
 - We are hardwired to be under the care and protection of God
- He is eternal (has no beginning and no end)
 - This is who hears every prayer
 - Who takes notice of every moment and who is personally involved and intimately connected
- v36: Our life on Earth is fleeting (it will come to an end)
- v7-8: Moses is talking about death
 - We weren't created to experience death but it is the cost of sin
 - A day is coming with no pain/sorrow/death..but we live "in between" (sin still wrecks us because of us, not God)
- v12: Teach us to number our days
 - Make every moment count
 - Every day is a day to honor God and advance His Kingdom
 - Opportunities, conversations, circumstances
 - What is God calling you to do?
- So that we get a heart of wisdom
 - Number our days —> keeps us from sin
 - We learn and see how to use each day
- v14-17: Moses' petition
 - Completely satisfied in His love
 - Seeing where God is working so we can join in
 - Help us not to labor in vain

Questions (Feel free to use all of these, some of these, or none of these)

1. What have you learned about God being your refuge and strength?
2. What does it mean to you that God is personally involved in every moment of your life?
3. How is God calling you to "number your days"?
4. How have you seen God move when you stepped into opportunities or conversations that he set before you?
5. What does it look, feel and sound like when you are completely satisfied in God's love for you?
6. How is God calling you to become a good student of Him and His word?
7. What is God inviting you into as a result of this message or passage?

****Psalms Plus 30 Reading Plan****

Mon: Psalm 29,59,89,149 Tues: Psalm 30,60,90,120,150 Wed: Psalm 119 Thurs: Psalm 1,31,51,81,121 Fri: Psalm 2,32,52,82,122

Songs from the weekend: [Joy of the Lord - Grace Worship] - [10,000 Reasons - Matt Redman] - [Reason to Praise - Bethel Music] - [Revelation Song - Kari Jobe]