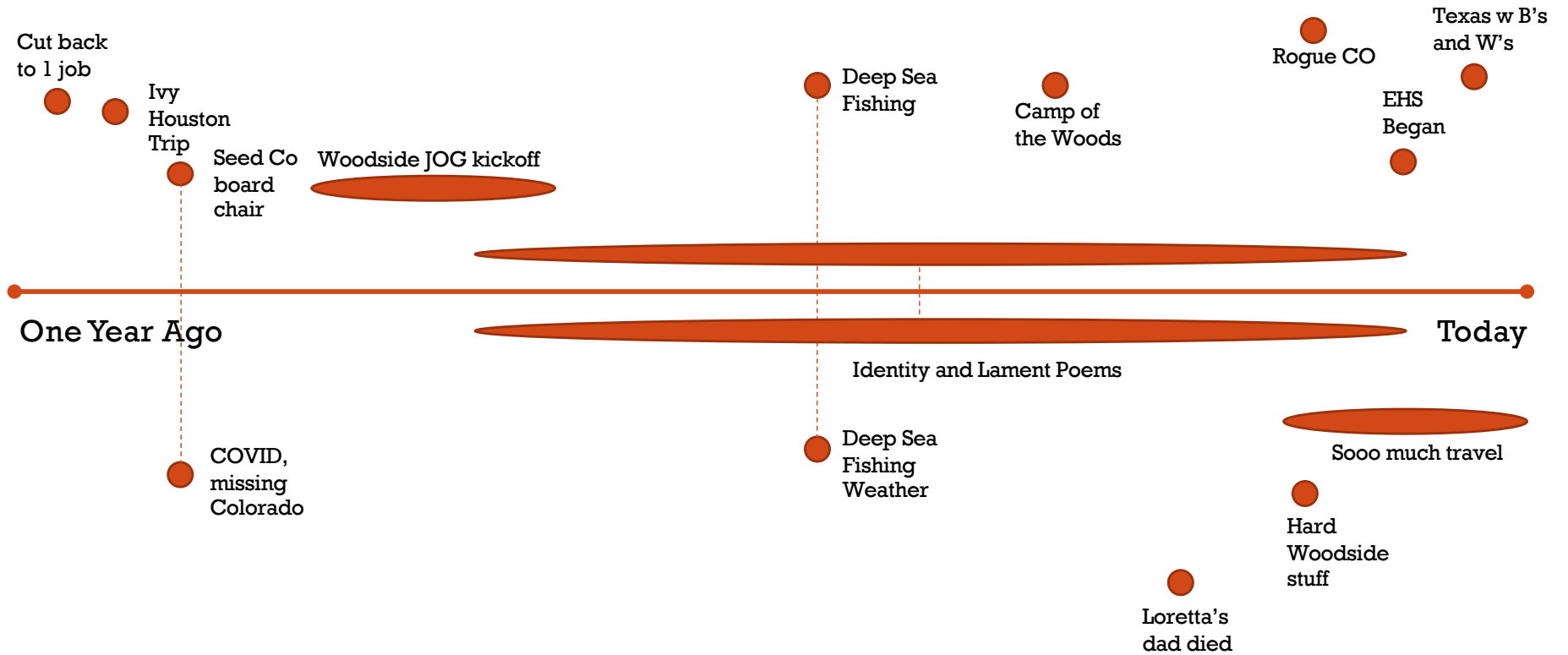


12-MONTH TIMELINE

- The goal of this exercise is to look back over your year chronologically and listen to what the events and experiences might be telling you.
- What are 10-15 key events and experiences that show what it's like to have been you this year?
- What domains do they touch? Personal? Family? Vocation? Faith?
- Write a caption for each of the 15 events above the line if positive and below the line if painful.
- How did you experience God's faithfulness in the midst of your year?

EXAMPLE: 12-MONTH TIMELINE



12-MONTH TIMELINE



FOUR BIG QUESTIONS

- The goal of this exercise is to get a broad perspective. This tool is a thorough way to answer the question, “How are things going?”
- Look back across all of 2021 and answer these four big, broad questions:
 - **What’s Right?**
 - **What’s Wrong?**
 - **What’s Confused?**
 - **What’s Missing?**
- Think through various life domains including personal, family, vocation, community, church, etc.
- If you’re planning as a couple, do this individually first, then discuss or compile onto one chart.

EXAMPLE: FOUR BIG QUESTIONS

What's Right?	What's Wrong?	What's Missing?	What's Confused?
<ul style="list-style-type: none"> • EHR course • Date nights have started to come back • Working with Brad (Matt) • Praying nightly • Day-by-day devotional, 2x offices (Loretta) • Playing games with the kids • Exercising • D-group (Loretta) 	<ul style="list-style-type: none"> • Kids whining • Longer commute • Influence of some of kids' friends on kids • Too overscheduled 	<ul style="list-style-type: none"> • More church involvement • Intentional family nights • Fun! • Daily Quiet time (Matt) • Chores for the kids • Really regular date nights 	<ul style="list-style-type: none"> • How do we get everything done without constantly being overwhelmed? • Do we renovate our kitchen? • Are our kids bad, or just kids?

FOUR BIG QUESTIONS

What's Right?	What's Wrong?	What's Missing?	What's Confused?