



2023

**LENT
GUIDE**

AN INVITATION

Grace Family,

Every movement of God in our lives starts with an invitation. This Lent we invite you to journey with us through the Old and New Testaments.

As we give ourselves fully to the spiritual practices in this Lent Guide we will make space for God to move. We will encounter Him in familiar and surprising ways. Let's not hold anything back!

On the journey with you,
Doug & Meg

INTRODUCTION

Lent is a very special time of year. It is a season that invites us to slow down our usual hurried pace of life to seek God with greater intensity. It provides a rhythm for us to learn and experience spiritual practices such as Bible reading, reflection, prayer, fasting, and giving.

These practices awaken our soul and help us position ourselves to gain a deeper knowing of the most compelling love story ever lived—the pain and the promise, the joy and the sorrow—of the life, death and resurrection of our Savior, Jesus Christ.

The Lenten season is celebrated for 40 days, excluding Sundays, beginning Ash Wednesday and ending Good Friday. Biblically, 40 is a meaningful number. The flood rains fell for 40 days, Moses remained on Sinai for 40 days to receive the Ten Commandments, Elijah made a 40 day journey to Mount Horeb, and the temptations of Christ were marked by his 40 day fast in the desert.

This Lent, our readings take us on a winding path through the Old and New Testaments for a 40 day journey together. We will interact with Scripture for at least 15 Minutes, six days each week, symbolically following Jesus on his bold and final trek into Jerusalem.

Fasting and giving are essential parts of Lent. A fast, in some form, is encouraged in order to make more space in our life for intentional time with God. Traditionally, a Lent fast is Monday - Saturday. Sundays are reserved for worship and feasting in community with family and friends. We will also participate in acts of generosity.

The value of Lent is that its practices call us to step back from the ways in which we normally distract or comfort ourselves so that we can recognize and remove unhealthy patterns from our lives. With these diversions stripped away, we hear God more clearly, and we can have an ongoing and ever deepening intimacy with Him.

Look forward to hearing and accepting the personal invitations God has for you this Lent!

HOW TO USE THIS LENT GUIDE

This guide is meant to help you meet with God six days each week during the seven weeks of Lent, beginning on Ash Wednesday. In addition, we will practice the Prayer of Examen each week.

Monday - Friday interact with the provided passage of Scripture for each day. Spend five minutes reading the passage, five minutes journaling about what you sense God is saying to you through the passage, and five minutes in prayer.

Saturday take part in the Prayer of Examen—a prayerful review of your week. There are two questions to answer: *What gave you life this week? What drained you this week?*

The guide concludes with space for reflecting on your Lent experience. (p. 116) Pages are provided in the back of the guide for personal notes on your fasting and giving. (p. 118)

Most of the Scripture passages are from the Revised Common Lectionary Lent Calendar, Year A, using the English Standard Version Bible (ESV).

SACRIFICE AND SELFLESSNESS

Lent bids us to give things up as well as give to those in need. Self denial by way of a fast can help to loosen the grip of sin and compulsion on our lives. Acts of generosity cause us to notice others and expands our hearts for those Jesus calls our neighbor.

The point of fasting is to remove something from our normal diet, or our usual routine, to open space to be more attentive to our spiritual health. For example, skipping a meal each day and instead using the time for prayer is a way for us to seek a deeper connection with God. Or, unplugging ourselves from social media and alternatively spending some time in silence each day provides an opportunity to attune our heart to the Spirit's promptings.

Being generous with our time and resources serves to make us more aware of and responsive to the needs and care of others around us. Even the smallest act of kindness can have big impact and has the potential to create a ripple effect.

On the next page you will find a list of possible fasting and giving options to practice throughout Lent. If none of the proposed options resonate with you, research other ways to fast and practice generosity. Prayerfully select a fast and an act of generosity that most closely corresponds with an area in your life in the deepest need of transformation.

You could participate in a variety of the options, one for each week of Lent, or choose one to practice for the entire 40 days. Prayerfully consider your course and plan ahead for adjustments you will need to make to your lifestyle.

Most importantly, enjoy God's company as you practice sacrifice and selflessness.

Fasting Options:

- Food—Abstain from a meal(s) or omit certain foods from your diet
- TV / Netflix / Movies / Gaming / Talk Radio - Abstain
- Behaviors / Habits—Abstain from gossip, judgement, complaining, etc.
- Phone—Abstain from sunset to sunrise
- Social Media / Internet—Abstain from unnecessary communication
- Sleep—Set your alarm an hour earlier each day to wake up to spend time with God

Note: Traditionally a Lenten fast is practiced Monday through Saturday. Sundays are reserved for worship and feasting in community with friends and family.

Giving Options:

- Correspondence - Send an encouraging note/text to a different person every day
- Simplify - Thoughtfully give away a favorite personal possession each day or weekly
- Presence - Spend time with someone who is lonely, grieving, or in crisis
- Charity - Give financially to an individual in need or a reputable organization
- Service - Babysit for free for a family / Buy or cook someone a meal / Change someone's flat tire / Volunteer at a shelter / Repair someone's appliance / Clean someone's house, etc.

LENT CALENDAR 2023

Ash Wednesday

February 22, 6:30AM–8:30PM

The Lenten season begins! Join us online or in person in the chapel, where we've created a peaceful atmosphere to quietly read and reflect on the first Lent reading and journal your thoughts.

Weekday Reflection

Monday-Friday, 6:30–7:30AM

Beginning February 27

We've set aside this time throughout Lent for you to join us in person or online in the chapel, where you'll see lighted candles, hear soft music playing, and read/journal in your Lent Guides. We'll finish together with a short word and Communion at 7:20AM.

Good Friday, April 7

6:30–7:30AM	Morning Chapel open for personal reflection, in person and online
12-3PM	Chapel open for Stations of the Cross, a quiet, self-guided time to reflect upon Jesus' suffering, death, and resurrection.
7PM	Good Friday Service (Family Friendly)

Eternal and everlasting God, who art the Father of all mankind, as we turn aside from the hurly-burly of everyday living, may our hearts and souls, yea our very spirits, be lifted upward to Thee, for it is from Thee that all blessing cometh. Keep us ever mindful of our dependence upon Thee, for without Thee our efforts are but naught. We pray for Thy divine guidance as we travel the highways of life. We pray for more courage. We pray for more faith and above all we pray for more love. May we somehow come to understand the true meaning of Thy love as revealed to us in the life, death and resurrection of Thy son and our Lord and Master, Jesus Christ.

By Coretta Scott King

Ash Wednesday

Ash Wednesday ushers in the season of Lent. Throughout church history, the placement of ashes on one's forehead was an outward symbol of an inner repentance, as well as a reminder of our own mortality—that we are dust and to dust we will return (Genesis 3:19). Many Christians continue the ritual of ashes today.

Whether we partake in the tradition of ashes or not, at the heart of Ash Wednesday is God's invitation to stop whatever we are doing and take some time to come before Him in complete honesty through prayer, self examination, and repentance.

Reading: Psalm 51:1-17

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin.

For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge.

Surely I was sinful at birth, sinful from the time my mother conceived me. Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place. Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. Let me hear joy and gladness; let the bones you have crushed rejoice. Hide your face from my sins and blot out all my iniquity.

Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

Then I will teach transgressors your ways, so that sinners will turn back to you. Deliver me from the guilt of bloodshed, O God, you who are God my Savior, and my tongue will sing of your righteousness.

Open my lips, Lord, and my mouth will declare your praise. You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise.

Journaling

What is God saying to you through this passage?

Prayer

Reading: 2 Corinthians 5:20b-6:10

We implore you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

Working together with him, then, we appeal to you not to receive the grace of God in vain. For he says,

“In a favorable time I listened to you, and in a day of salvation I have helped you.”

Behold, now is the favorable time; behold, now is the day of salvation.

We put no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: by great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, the Holy Spirit, genuine love; by truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; through honor and dishonor, through slander and praise. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold, we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, yet possessing everything.

Journaling

What is God saying to you through this passage?

Prayer

Reading: Matthew 6:1-6; 16-21

“Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven.

“Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others. Truly, I say to you, they have received their reward. But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. And your Father who sees in secret will reward you. “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

“And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

Journaling

What is God saying to you through this passage?

Prayer

February 25

What gave you life this week?

What drained you this week?

What is God inviting you to notice? Express your thoughts in a written prayer or by drawing a picture:

Prayer:

Draw:

May the Son of God
Who is already in you
Grow in you—so that for you
He will become immeasurable,
And that in you he will become laughter, exultation,
the fullness of joy which no one can take away.

~Isaac of Stella

Reading: Genesis 2:15-17; 3:1-7

“The Lord God took the man and put him in the Garden of Eden to work it and keep it. And the Lord God commanded the man, saying, “You may surely eat of every tree of the Garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.”

Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden’?” And the woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, ‘You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.’” But the serpent said to the woman, “You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

Reading: Psalm 32

Blessed is the one whose transgression is forgiven, whose sin is covered.

Blessed is the man against whom the Lord counts no iniquity, and in whose spirit there is no deceit.

For when I kept silent, my bones wasted away through my groaning all day long.

For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer. *Selah*

I acknowledged my sin to you, and I did not cover my iniquity;

I said, "I will confess my transgressions to the Lord," and you forgave the iniquity of my sin.
Selah

Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters, they shall not reach him.

You are a hiding place for me; you preserve me from trouble; you surround me with shouts of deliverance. *Selah*

I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you.

Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle or it will not stay near you.

Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the Lord.

Be glad in the Lord, and rejoice, O righteous, and shout for joy, all you upright in heart!

Journaling

What is God saying to you through this passage?

Prayer

Reading: Romans 5:12-19

Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned—for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sinning was not like the transgression of Adam, who was a type of the one who was to come.

But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man Jesus Christ abounded for many. And the free gift is not like the result of that one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brought justification. For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ.

Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Journaling

What is God saying to you through this passage?

Prayer

Reading: Matthew 4:1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

"Man shall not live by bread alone, but by every word that comes from the mouth of God."

Then the devil took him to the holy city and set him on the pinnacle of the temple and said to him, "If you are the Son of God, throw yourself down, for it is written,

"He will command his angels concerning you," and

"On their hands they will bear you up, lest you strike your foot against a stone."

Jesus said to him, "Again it is written, 'You shall not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Be gone, Satan! For it is written,

"You shall worship the Lord your God and him only shall you serve."

Then the devil left him, and behold, angels came and were ministering to him.

Journaling

What is God saying to you through this passage?

Prayer

Reading: Luke 20:1-18

One day, as Jesus was teaching the people in the temple and preaching the gospel, the chief priests and the scribes with the elders came up and said to him, "Tell us by what authority you do these things, or who it is that gave you this authority." He answered them, "I also will ask you a question. Now tell me, was the baptism of John from heaven or from man?" And they discussed it with one another, saying, "If we say, 'From heaven,' he will say, 'Why did you not believe him?' But if we say, 'From man,' all the people will stone us to death, for they are convinced that John was a prophet."

So they answered that they did not know where it came from. And Jesus said to them, "Neither will I tell you by what authority I do these things."

And he began to tell the people this parable: "A man planted a vineyard and let it out to tenants and went into another country for a long while. When the time came, he sent a servant to the tenants, so that they would give him some of the fruit of the vineyard. But the tenants beat him and sent him away empty-handed. And he sent another servant. But they also beat and treated him shamefully, and sent him away empty-handed. And he sent yet a third. This one also they wounded and cast out. Then the owner of the vineyard said, 'What shall I do? I will send my beloved son; perhaps they will respect him.' But when the tenants saw him, they said to themselves, 'This is the heir. Let us kill him, so that the inheritance may be ours.' And they threw him out of the vineyard and killed him. What then will the owner of the vineyard do to them? He will come and destroy those tenants and give the vineyard to others." When they heard this, they said, "Surely not!" But he

looked directly at them and said, “What then is this that is written:

“The stone that the builders rejected has become the cornerstone’?”

Everyone who falls on that stone will be broken to pieces, and when it falls on anyone, it will crush him.”

Journaling

What is God saying to you through this passage?

Prayer

PRAYER OF EXAMEN

March 4

What gave you life this week?

What drained you this week?

What is God inviting you to notice? Express your thoughts in a written prayer or by drawing a picture:

Prayer:

Draw:

O LORD, the hard-won miles
Have worn my stumbling feet:
Oh, soothe me with thy smiles,
And make my life complete.
The thorns were thick and keen
Where'er I trembling trod;
The way was long between
My wounded feet and God.
Where healing waters flow
Do thou my footsteps lead.
My heart is aching so;
Thy gracious balm I need.

~Paul Lawrence Dunbar

Reading: Genesis 12:1-4a

Now the Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him, and Lot went with him.

Journaling

What is God saying to you through this passage?

Prayer

Reading: Psalm 121

I lift up my eyes to the hills.

From where does my help come?

My help comes from the Lord, who made heaven and earth.

He will not let your foot be moved; he who keeps you will not slumber.

Behold, he who keeps Israel will neither slumber nor sleep.

The Lord is your keeper;

The Lord is your shade on your right hand.

The sun shall not strike you by day, nor the moon by night.

The Lord will keep you from all evil; he will keep your life.

The Lord will keep your going out and your coming in from this time forth and forevermore.

Journaling

What is God saying to you through this passage?

Prayer

Reading: Romans 4:1-5, 13-17

What then shall we say was gained by Abraham, our forefather according to the flesh?

For if Abraham was justified by works, he has something to boast about, but not before God. For what does the Scripture say? “Abraham believed God, and it was counted to him as righteousness.” Now to the one who works, his wages are not counted as a gift but as his due. And to the one who does not work but believes in him who justifies the ungodly, his faith is counted as righteousness.

For the promise to Abraham and his offspring that he would be heir of the world did not come through the law but through the righteousness of faith. For if it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath, but where there is no law there is no transgression.

That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his offspring—not only to the adherent of the law but also to the one who shares the faith of Abraham, who is the father of us all, as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Journaling

What is God saying to you through this passage?

Prayer

Reading: Matthew 17:1-9

And after six days Jesus took with him Peter and James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became white as light. And behold, there appeared to them Moses and Elijah, talking with him. And Peter said to Jesus, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you and one for Moses and one for Elijah." He was still speaking when, behold, a bright cloud overshadowed them, and a voice from the cloud said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell on their faces and were terrified. But Jesus came and touched them, saying, "Rise, and have no fear." And when they lifted up their eyes, they saw no one but Jesus only.

And as they were coming down the mountain, Jesus commanded them, "Tell no one the vision, until the Son of Man is raised from the dead."

Reading: Luke 20:19-47

The scribes and the chief priests sought to lay hands on him at that very hour, for they perceived that he had told this parable against them, but they feared the people. So they watched him and sent spies, who pretended to be sincere, that they might catch him in something he said, so as to deliver him up to the authority and jurisdiction of the governor. So they asked him, "Teacher, we know that you speak and teach rightly, and show no partiality, but truly teach the way of God. Is it lawful for us to give tribute to Caesar, or not?" But he perceived their craftiness, and said to them, "Show me a denarius. Whose likeness and inscription does it have?" They said, "Caesar's." He said to them, "Then render to Caesar the things that are Caesar's, and to God the things that are God's." And they were not able in the presence of the people to catch him in what he said, but marveling at his answer they became silent.

There came to him some Sadducees, those who deny that there is a resurrection, and they asked him a question, saying, "Teacher, Moses wrote for us that if a man's brother dies, having a wife but no children, the man must take the widow and raise up offspring for his brother. Now there were seven brothers. The first took a wife, and died without children. And the second and the third took her, and likewise all seven left no children and died. Afterward the woman also died. In the resurrection, therefore, whose wife will the woman be? For the seven had her as wife."

And Jesus said to them, "The sons of this age marry and are given in marriage, but those who are considered worthy to attain to that age and to the resurrection from the dead neither marry nor are given in marriage, for they cannot die anymore, because they are equal to angels and are

sons of God, being sons of the resurrection. But that the dead are raised, even Moses showed, in the passage about the bush, where he calls the Lord the God of Abraham and the God of Isaac and the God of Jacob. Now he is not God of the dead, but of the living, for all live to him.” Then some of the scribes answered, “Teacher, you have spoken well.” For they no longer dared to ask him any question.

But he said to them, “How can they say that the Christ is David’s son? For David himself says in the Book of Psalms,

“The Lord said to my Lord, “Sit at my right hand, until I make your enemies your footstool.””

David thus calls him Lord, so how is he his son?”

And in the hearing of all the people he said to his disciples, “Beware of the scribes, who like to walk around in long robes, and love greetings in the marketplaces and the best seats in the synagogues and the places of honor at feasts, who devour widows’ houses and for a pretense make long prayers. They will receive the greater condemnation.”

Journaling

What is God saying to you through this passage?

Prayer

March 11

What gave you life this week?

What drained you this week?

What is God inviting you to notice? Express your thoughts in a written prayer or by drawing a picture:

Prayer

Draw:

Catch me in my aimless scurrying, Lord,
and hold me in this Lenten season:
hold my heart to the beat of your grace
and create in me a resting place,
a kneeling place,
a tip-toe place
where I can recover from the dis-ease of my grandiosities
which fill my mind and calendar with busy self-importance,
and somehow,
during this season of sacrifice,
enable me to sacrifice time
and possessions
and securities,
to do something...
something about what I see,
something to turn the water of my words
into the wine of will and risk,
into the bread of blood and blisters,
into the blessedness of deed,
of a cross picked up,
a savior followed.

~Ted Loder

Reading: Exodus 17:1-7

All the congregation of the people of Israel moved on from the wilderness of Sin by stages, according to the commandment of the Lord, and camped at Rephidim, but there was no water for the people to drink. Therefore the people quarreled with Moses and said, "Give us water to drink." And Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water, and the people grumbled against Moses and said, "Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?" So Moses cried to the Lord, "What shall I do with this people? They are almost ready to stone me." And the Lord said to Moses, "Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink." And Moses did so, in the sight of the elders of Israel. And he called the name of the place Massah and Meribah, because of the quarreling of the people of Israel, and because they tested the Lord by saying, "Is the Lord among us or not?"

Journaling

What is God saying to you through this passage?

Prayer

Reading: Psalm 95

Oh come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!

Let us come into his presence with thanksgiving; let us
make a joyful noise to him with songs of praise!

For the Lord is a great God, and a great King above
all gods.

In his hand are the depths of the earth; the heights of the
mountains are his also.

The sea is his, for he made it, and his hands formed the
dry land.

Oh come, let us worship and bow down; let us kneel
before the Lord, our Maker!

For he is our God, and we are the people of his pasture,
and the sheep of his hand.

Today, if you hear his voice, do not harden your hearts, as
at Meribah, as on the day at Massah in the wilderness,

when your fathers put me to the test and put me to the
proof, though they had seen my work.

For forty years I loathed that generation and said, "They
are a people who go astray in their heart, and they have
not known my ways."

Therefore I swore in my wrath, "They shall not enter
my rest."

Journaling

What is God saying to you through this passage?

Prayer

Reading: Romans 5:1-11

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person—though perhaps for a good person one would dare even to die—but God shows his love for us in that while we were still sinners, Christ died for us. Since, therefore, we have now been justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Journaling

What is God saying to you through this passage?

Prayer

Reading: John 4:5-42

So he came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. Jacob's well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour.

A woman from Samaria came to draw water. Jesus said to her, "Give me a drink." (For his disciples had gone away into the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask for a drink from me, a woman of Samaria?" (For Jews have no dealings with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water? Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock." Jesus said to her, "Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I will not be thirsty or have to come here to draw water."

Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you now have is not your husband. What you have said is true." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain, but

you say that in Jerusalem is the place where people ought to worship.” Jesus said to her, “Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things.” Jesus said to her, “I who speak to you am he.”

Just then his disciples came back. They marveled that he was talking with a woman, but no one said, “What do you seek?” or, “Why are you talking with her?” So the woman left her water jar and went away into town and said to the people, “Come, see a man who told me all that I ever did. Can this be the Christ?” They went out of the town and were coming to him.

Meanwhile the disciples were urging him, saying, “Rabbi, eat.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Has anyone brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to accomplish his work. Do you not say, ‘There are yet four months, then comes the harvest’? Look, I tell you, lift up your eyes, and see that the fields are white for harvest. Already the one who reaps is receiving wages and gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that town believed in him because of the woman's testimony, "He told me all that I ever did." So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."

Journaling

What is God saying to you through this passage?

Prayer

Reading: Luke 21

Jesus looked up and saw the rich putting their gifts into the offering box, and he saw a poor widow put in two small copper coins. And he said, "Truly, I tell you, this poor widow has put in more than all of them. For they all contributed out of their abundance, but she out of her poverty put in all she had to live on."

And while some were speaking of the temple, how it was adorned with noble stones and offerings, he said, "As for these things that you see, the days will come when there will not be left here one stone upon another that will not be thrown down." And they asked him, "Teacher, when will these things be, and what will be the sign when these things are about to take place?" And he said, "See that you are not led astray. For many will come in my name, saying, 'I am he!' and, 'The time is at hand!' Do not go after them. And when you hear of wars and tumults, do not be terrified, for these things must first take place, but the end will not be at once."

Then he said to them, "Nation will rise against nation, and kingdom against kingdom. There will be great earthquakes, and in various places famines and pestilences. And there will be terrors and great signs from heaven. But before all this they will lay their hands on you and persecute you, delivering you up to the synagogues and prisons, and you will be brought before kings and governors for my name's sake. This will be your opportunity to bear witness. Settle it therefore in your minds not to meditate beforehand how to answer, for I will give you a mouth and wisdom, which none of your adversaries will be able to withstand or contradict. You will be delivered up even by parents and brother] and

relatives and friends, and some of you they will put to death. You will be hated by all for my name's sake. But not a hair of your head will perish. By your endurance you will gain your lives.

“But when you see Jerusalem surrounded by armies, then know that its desolation has come near. Then let those who are in Judea flee to the mountains, and let those who are inside the city depart, and let not those who are out in the country enter it, for these are days of vengeance, to fulfill all that is written. Alas for women who are pregnant and for those who are nursing infants in those days! For there will be great distress upon the earth and wrath against this people. They will fall by the edge of the sword and be led captive among all nations, and Jerusalem will be trampled underfoot by the Gentiles, until the times of the Gentiles are fulfilled.

“And there will be signs in sun and moon and stars, and on the earth distress of nations in perplexity because of the roaring of the sea and the waves, people fainting with fear and with foreboding of what is coming on the world. For the powers of the heavens will be shaken. And then they will see the Son of Man coming in a cloud with power and great glory. Now when these things begin to take place, straighten up and raise your heads, because your redemption is drawing near.”

And he told them a parable: “Look at the fig tree, and all the trees. As soon as they come out in leaf, you see for yourselves and know that the summer is already near. So also, when you see these things taking place, you know that the kingdom of God is near. Truly, I say to you, this generation will not pass away until all has taken place. Heaven and earth will pass away, but my words will not pass away.

“But watch yourselves lest your hearts be weighed down with dissipation and drunkenness and cares of this life, and that day come upon you suddenly like a trap. For it will come upon all who dwell on the face of the whole earth. But stay awake at all times, praying that you may have strength to escape all these things that are going to take place, and to stand before the Son of Man.”

And every day he was teaching in the temple, but at night he went out and lodged on the mount called Olivet. And early in the morning all the people came to him in the temple to hear him.

Dear God, in the Glorious
name of Jesus
I do now and
For the rest of my life
Renounce every idea
Every idea
Every endeavor
Every appetite and value
which does not conform
to your specific purpose
for my life.
I resolve to know you
to seek you
to bless you
that you will get the glory
out of my life.
Amen.

~Rev. Dr. Cecilia Williams Bryant

Reading: 1 Samuel 16:1-13

The Lord said to Samuel, "How long will you grieve over Saul, since I have rejected him from being king over Israel? Fill your horn with oil, and go. I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." And Samuel said, "How can I go? If Saul hears it, he will kill me." And the Lord said, "Take a heifer with you and say, 'I have come to sacrifice to the Lord.' And invite Jesse to the sacrifice, and I will show you what you shall do. And you shall anoint for me him whom I declare to you." Samuel did what the Lord commanded and came to Bethlehem. The elders of the city came to meet him trembling and said, "Do you come peaceably?" And he said, "Peaceably; I have come to sacrifice to the Lord. Consecrate yourselves, and come with me to the sacrifice." And he consecrated Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is before him." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him. For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab and made him pass before Samuel. And he said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." And Jesse made seven of his sons pass before Samuel. And Samuel said to Jesse, "The Lord has not chosen these." Then Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but behold, he is keeping the sheep." And Samuel said to Jesse, "Send and get him, for we will

Reading: Psalm 23

The Lord is my shepherd; I shall not want.

He makes me lie down in green pastures.

He leads me beside still waters.

He restores my soul.

He leads me in paths of righteousness

for his name's sake.

Even though I walk through the valley of the shadow of death,

I will fear no evil,

for you are with me;

your rod and your staff,

they comfort me.

You prepare a table before me

in the presence of my enemies;

you anoint my head with oil;

my cup overflows.

Surely goodness and mercy shall follow me

all the days of my life,

and I shall dwell in the house of the Lord

forever.

Journaling

What is God saying to you through this passage?

Prayer

Reading: Ephesians 5:8-14

...for at one time you were darkness, but now you are light in the Lord. Walk as children of light (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to speak of the things that they do in secret. But when anything is exposed by the light, it becomes visible, for anything that becomes visible is light. Therefore it says,

“Awake, O sleeper,
and arise from the dead,
and Christ will shine on you.”

Reading: Luke 22

Now the Feast of Unleavened Bread drew near, which is called the Passover. And the chief priests and the scribes were seeking how to put him to death, for they feared the people.

Then Satan entered into Judas called Iscariot, who was of the number of the twelve. He went away and conferred with the chief priests and officers how he might betray him to them. And they were glad, and agreed to give him money. So he consented and sought an opportunity to betray him to them in the absence of a crowd.

Then came the day of Unleavened Bread, on which the Passover lamb had to be sacrificed. So Jesus sent Peter and John, saying, "Go and prepare the Passover for us, that we may eat it." They said to him, "Where will you have us prepare it?" He said to them, "Behold, when you have entered the city, a man carrying a jar of water will meet you. Follow him into the house that he enters and tell the master of the house, 'The Teacher says to you, Where is the guest room, where I may eat the Passover with my disciples?' And he will show you a large upper room furnished; prepare it there." And they went and found it just as he had told them, and they prepared the Passover.

And when the hour came, he reclined at table, and the apostles with him. And he said to them, "I have earnestly desired to eat this Passover with you before I suffer. For I tell you I will not eat it until it is fulfilled in the kingdom of God." And he took a cup, and when he had given thanks he said, "Take this, and divide it among yourselves. For I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes." And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in

remembrance of me.” And likewise the cup after they had eaten, saying, “This cup that is poured out for you is the new covenant in my blood. But behold, the hand of him who betrays me is with me on the table. For the Son of Man goes as it has been determined, but woe to that man by whom he is betrayed!” And they began to question one another, which of them it could be who was going to do this.

A dispute also arose among them, as to which of them was to be regarded as the greatest. And he said to them, “The kings of the Gentiles exercise lordship over them, and those in authority over them are called benefactors. But not so with you. Rather, let the greatest among you become as the youngest, and the leader as one who serves. For who is the greater, one who reclines at table or one who serves? Is it not the one who reclines at table? But I am among you as the one who serves.

“You are those who have stayed with me in my trials, and I assign to you, as my Father assigned to me, a kingdom, that you may eat and drink at my table in my kingdom and sit on thrones judging the twelve tribes of Israel.

“Simon, Simon, behold, Satan demanded to have you, that he might sift you like wheat, but I have prayed for you that your faith may not fail. And when you have turned again, strengthen your brothers.” Peter said to him, “Lord, I am ready to go with you both to prison and to death.” Jesus said, “I tell you, Peter, the rooster will not crow this day, until you deny three times that you know me.”

And he said to them, “When I sent you out with no moneybag or knapsack or sandals, did you lack anything?” They said, “Nothing.” He said to them, “But now let the one who has a moneybag take it, and likewise a knapsack. And let the one who has no sword sell his cloak and buy 72

one. For I tell you that this Scripture must be fulfilled in me: 'And he was numbered with the transgressors.' For what is written about me has its fulfillment." And they said, "Look, Lord, here are two swords." And he said to them, "It is enough."

And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. And when he came to the place, he said to them, "Pray that you may not enter into temptation." And he withdrew from them about a stone's throw, and knelt down and prayed, saying, "Father, if you are willing, remove this cup from me.

Nevertheless, not my will, but yours, be done." And there appeared to him an angel from heaven, strengthening him. And being in agony he prayed more earnestly; and his sweat became like great drops of blood falling down to the ground. And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, and he said to them, "Why are you sleeping? Rise and pray that you may not enter into temptation."

While he was still speaking, there came a crowd, and the man called Judas, one of the twelve, was leading them. He drew near to Jesus to kiss him, but Jesus said to him, "Judas, would you betray the Son of Man with a kiss?" And when those who were around him saw what would follow, they said, "Lord, shall we strike with the sword?" And one of them struck the servant of the high priest and cut off his right ear. But Jesus said, "No more of this!" And he touched his ear and healed him. Then Jesus said to the chief priests and officers of the temple and elders, who had come out against him, "Have you come out as against a robber, with swords and clubs? When I was with you day after day in the temple, you did not lay hands on me. But this is your hour, and the power of darkness."

Then they seized him and led him away, bringing him into the high priest's house, and Peter was following at a distance. And when they had kindled a fire in the middle of the courtyard and sat down together, Peter sat down among them. Then a servant girl, seeing him as he sat in the light and looking closely at him, said, "This man also was with him." But he denied it, saying, "Woman, I do not know him." And a little later someone else saw him and said, "You also are one of them." But Peter said, "Man, I am not." And after an interval of about an hour still another insisted, saying, "Certainly this man also was with him, for he too is a Galilean." But Peter said, "Man, I do not know what you are talking about." And immediately, while he was still speaking, the rooster crowed. And the Lord turned and looked at Peter. And Peter remembered the saying of the Lord, how he had said to him, "Before the rooster crows today, you will deny me three times." And he went out and wept bitterly.

Now the men who were holding Jesus in custody were mocking him as they beat him. They also blindfolded him and kept asking him, "Prophecy! Who is it that struck you?" And they said many other things against him, blaspheming him.

When day came, the assembly of the elders of the people gathered together, both chief priests and scribes. And they led him away to their council, and they said, "If you are the Christ, tell us." But he said to them, "If I tell you, you will not believe, and if I ask you, you will not answer. But from now on the Son of Man shall be seated at the right hand of the power of God." So they all said, "Are you the Son of God, then?" And he said to them, "You say that I am." Then they said, "What further testimony do we need? We have heard it ourselves from his own lips."

PRAYER OF EXAMEN

March 24

What gave you life this week?

What drained you this week?

What is God inviting you to notice?

Express your thoughts in a written prayer or by drawing a picture:

Prayer:

Draw

On my heart and on my house

The blessing of God.

In my coming and in my going

The peace of God.

In my life and in my seeking

The Love of God.

At my end and new beginning

The arms of God to welcome me and bring me home.

~J. Phillip Newell

Reading: Ezekiel 37:1-14

The hand of the Lord was upon me, and he brought me out in the Spirit of the Lord and set me down in the middle of the valley; it was full of bones. And he led me around among them, and behold, there were very many on the surface of the valley, and behold, they were very dry. And he said to me, "Son of man, can these bones live?" And I answered, "O Lord God, you know." Then he said to me, "Prophecy over these bones, and say to them, O dry bones, hear the word of the Lord. Thus says the Lord God to these bones: Behold, I will cause breath to enter you, and you shall live. And I will lay sinews upon you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live, and you shall know that I am the Lord."

So I prophesied as I was commanded. And as I prophesied, there was a sound, and behold, a rattling and the bones came together, bone to its bone. And I looked, and behold, there were sinews on them, and flesh had come upon them, and skin had covered them. But there was no breath in them. Then he said to me, "Prophecy to the breath; prophecy, son of man, and say to the breath, Thus says the Lord God: Come from the four winds, O breath, and breathe on these slain, that they may live." So I prophesied as he commanded me, and the breath came into them, and they lived and stood on their feet, an exceedingly great army.

Then he said to me, "Son of man, these bones are the whole house of Israel. Behold, they say, 'Our bones are dried up, and our hope is lost; we are indeed cut off.' Therefore prophecy, and say to them, Thus says the Lord God: Behold, I will open your graves

and raise you from your graves, O my people. And I will bring you into the land of Israel. And you shall know that I am the Lord, when I open your graves, and raise you from your graves, O my people. And I will put my Spirit within you, and you shall live, and I will place you in your own land. Then you shall know that I am the Lord; I have spoken, and I will do it, declares the Lord.”

Journaling

What is God saying to you through this passage?

Prayer

Reading: Psalm 130

Out of the depths I cry to you, O Lord!

O Lord, hear my voice!

Let your ears be attentive

to the voice of my pleas for mercy!

If you, O Lord, should mark iniquities,

O Lord, who could stand?

But with you there is forgiveness,

that you may be feared.

I wait for the Lord, my soul waits,

and in his word I hope;

my soul waits for the Lord

more than watchmen for the morning,

more than watchmen for the morning.

O Israel, hope in the Lord!

For with the Lord there is steadfast love,

and with him is plentiful redemption.

And he will redeem Israel

from all his iniquities.

Reading: Romans 8:6-11

For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. Those who are in the flesh cannot please God.

You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

Reading: Matthew 21:1-11

Now when they drew near to Jerusalem and came to Bethphage, to the Mount of Olives, then Jesus sent two disciples, saying to them, "Go into the village in front of you, and immediately you will find a donkey tied, and a colt with her. Untie them and bring them to me. If anyone says anything to you, you shall say, 'The Lord needs them,' and he will send them at once." This took place to fulfill what was spoken by the prophet, saying,

"Say to the daughter of Zion,
'Behold, your king is coming to you,
humble, and mounted on a donkey,
on a colt, the foal of a beast of burden.'"

The disciples went and did as Jesus had directed them. They brought the donkey and the colt and put on them their cloaks, and he sat on them. Most of the crowd spread their cloaks on the road, and others cut branches from the trees and spread them on the road. And the crowds that went before him and that followed him were shouting, "Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest!" And when he entered Jerusalem, the whole city was stirred up, saying, "Who is this?" And the crowds said, "This is the prophet Jesus, from Nazareth of Galilee."

Journaling

What is God saying to you through this passage?

Prayer

Reading: Luke 23

Jesus Before Pilate

Then the whole company of them arose and brought him before Pilate. And they began to accuse him, saying, "We found this man misleading our nation and forbidding us to give tribute to Caesar, and saying that he himself is Christ, a king." And Pilate asked him, "Are you the King of the Jews?" And he answered him, "You have said so." Then Pilate said to the chief priests and the crowds, "I find no guilt in this man." But they were urgent, saying, "He stirs up the people, teaching throughout all Judea, from Galilee even to this place."

Jesus Before Herod

When Pilate heard this, he asked whether the man was a Galilean. And when he learned that he belonged to Herod's jurisdiction, he sent him over to Herod, who was himself in Jerusalem at that time. When Herod saw Jesus, he was very glad, for he had long desired to see him, because he had heard about him, and he was hoping to see some sign done by him. So he questioned him at some length, but he made no answer. The chief priests and the scribes stood by, vehemently accusing him. And Herod with his soldiers treated him with contempt and mocked him. Then, arraying him in splendid clothing, he sent him back to Pilate. And Herod and Pilate became friends with each other that very day, for before this they had been at enmity with each other.

Pilate then called together the chief priests and the rulers and the people, and said to them, "You brought me this man as one who was misleading the people. And after examining him before you, behold, I did not find this man guilty of any of your charges against him. Neither did Herod, for he sent him back to us. Look, nothing deserving death has been done by him. I will therefore punish and release him."

Pilate Delivers Jesus to Be Crucified

But they all cried out together, “Away with this man, and release to us Barabbas”— a man who had been thrown into prison for an insurrection started in the city and for murder. Pilate addressed them once more, desiring to release Jesus, but they kept shouting, “Crucify, crucify him!” A third time he said to them, “Why? What evil has he done? I have found in him no guilt deserving death. I will therefore punish and release him.” But they were urgent, demanding with loud cries that he should be crucified. And their voices prevailed. So Pilate decided that their demand should be granted. He released the man who had been thrown into prison for insurrection and murder, for whom they asked, but he delivered Jesus over to their will.

The Crucifixion

And as they led him away, they seized one Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus. And there followed him a great multitude of the people and of women who were mourning and lamenting for him. But turning to them Jesus said, “Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. For behold, the days are coming when they will say, ‘Blessed are the barren and the wombs that never bore and the breasts that never nursed!’ Then they will begin to say to the mountains, ‘Fall on us,’ and to the hills, ‘Cover us.’ For if they do these things when the wood is green, what will happen when it is dry?”

Two others, who were criminals, were led away to be put to death with him. And when they came to the place that is called The Skull, there they crucified him, and the criminals, one on his right and one on his left. And Jesus said, “Father, forgive them, for they know not what they do.” And they cast lots to divide his garments. And the people stood by, watching, but the rulers scoffed at him, saying, “He saved others; let him save himself, if he is the Christ of God, his Chosen One!” The soldiers also mocked him, coming up and offering him sour wine and saying, “If ⁸⁸ you are the King of the Jews, save yourself!” There was

also an inscription over him, "This is the King of the Jews." One of the criminals who were hanged railed at him saying, "Are you not the Christ? Save yourself and us!" But the other rebuked him, saying, "Do you not fear God, since you are under the same sentence of condemnation? 41 And we indeed justly, for we are receiving the due reward of our deeds; but this man has done nothing wrong." 42 And he said, "Jesus, remember me when you come into your kingdom." 43 And he said to him, "Truly, I say to you, today you will be with me in paradise."

The Death of Jesus

It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun's light failed. And the curtain of the temple was torn in two. Then Jesus, calling out with a loud voice, said, "Father, into your hands I commit my spirit!" And having said this he breathed his last. Now when the centurion saw what had taken place, he praised God, saying, "Certainly this man was innocent!" And all the crowds that had assembled for this spectacle, when they saw what had taken place, returned home beating their breasts. And all his acquaintances and the women who had followed him from Galilee stood at a distance watching these things.

Jesus Is Buried

Now there was a man named Joseph, from the Jewish town of Arimathea. He was a member of the council, a good and righteous man, who had not consented to their decision and action; and he was looking for the kingdom of God. This man went to Pilate and asked for the body of Jesus. Then he took it down and wrapped it in a linen shroud and laid him in a tomb cut in stone, where no one had ever yet been laid. It was the day of Preparation, and the Sabbath was beginning. The women who had come with him from Galilee followed and saw the tomb and how his body was laid. Then they returned and prepared spices and ointments.

On the Sabbath they rested according to the commandment.

PRAYER OF EXAMEN

April 1

What gave you life this week?

What drained you this week?

What is God inviting you to notice?

Express your thoughts in a written prayer or by drawing a picture:

Prayer:

Draw

Lord, make me an instrument of your peace
Where there is hatred, let me sow love
Where there is injury, pardon
Where there is doubt, faith
Where there is despair, hope
Where there is darkness, light
And where there is sadness, joy

O Divine Master, grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand
To be loved, as to love
For it is in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born to Eternal Life

~Prayer of St. Francis

Reading: Isaiah 50:4-9a

The Lord GOD has given me
the tongue of those who are taught,
that I may know how to sustain with a word
him who is weary.

Morning by morning he awakens;
he awakens my ear
to hear as those who are taught.

The Lord GOD has opened my ear,
and I was not rebellious;
I turned not backward.

I gave my back to those who strike,
and my cheeks to those who pull out the beard;
I hid not my face
from disgrace and spitting.

But the Lord GOD helps me;
therefore I have not been disgraced;
therefore I have set my face like a flint,
and I know that I shall not be put to shame.

He who vindicates me is near.

Who will contend with me?
Let us stand up together.

Who is my adversary?
Let him come near to me.

Behold, the Lord GOD helps me;
who will declare me guilty?

Psalm 31:9-16

Be gracious to me, O Lord, for I am in distress;
my eye is wasted from grief;
my soul and my body also.
For my life is spent with sorrow,
and my years with sighing;
my strength fails because of my iniquity,
and my bones waste away.

Because of all my adversaries I have become a
reproach,
especially to my neighbors,
and an object of dread to my acquaintances;
those who see me in the street flee from me.
I have been forgotten like one who is dead;
I have become like a broken vessel.
For I hear the whispering of many—
terror on every side!—
as they scheme together against me,
as they plot to take my life.

But I trust in you, O Lord;
I say, "You are my God."
My times are in your hand;
rescue me from the hand of my enemies and from my
persecutors!
Make your face shine on your servant;
save me in your steadfast love!

Reading: Philippians 2:5-11

Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Journaling

What is God saying to you through this passage?

Prayer

Reading: John 11:1-45

The Death of Lazarus

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. It was Mary who anointed the Lord with ointment and wiped his feet with her hair, whose brother Lazarus was ill. So the sisters sent to him, saying, "Lord, he whom you love is ill." But when Jesus heard it he said, "This illness does not lead to death. It is for the glory of God, so that the Son of God may be glorified through it."

Now Jesus loved Martha and her sister and Lazarus. So, when he heard that Lazarus was ill, he stayed two days longer in the place where he was. Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just now seeking to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours in the day? If anyone walks in the day, he does not stumble, because he sees the light of this world. But if anyone walks in the night, he stumbles, because the light is not in him." After saying these things, he said to them, "Our friend Lazarus has fallen asleep, but I go to awaken him." The disciples said to him, "Lord, if he has fallen asleep, he will recover." Now Jesus had spoken of his death, but they thought that he meant taking rest in sleep. Then Jesus told them plainly, "Lazarus has died, and for your sake I am glad that I was not there, so that you may believe. But let us go to him." So Thomas, called the Twin, said to his fellow disciples, "Let us also go, that we may die with him."

I Am the Resurrection and the Life

Now when Jesus came, he found that Lazarus had already been in the tomb four days. Bethany was near Jerusalem, about two miles[c] off, and many of the Jews had come to Martha and Mary to console them concerning their brother. So when Martha heard that Jesus was coming, she went and met him, but Mary remained seated in the house.

Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask from God, God will give you." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the resurrection on the last day." Jesus said to her, "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, and everyone who lives and believes in me shall never die. Do you believe this?" She said to him, "Yes, Lord; I believe that you are the Christ, the Son of God, who is coming into the world."

Jesus Weeps

When she had said this, she went and called her sister Mary, saying in private, "The Teacher is here and is calling for you." And when she heard it, she rose quickly and went to him. Now Jesus had not yet come into the village, but was still in the place where Martha had met him. When the Jews who were with her in the house, consoling her, saw Mary rise quickly and go out, they followed her, supposing that she was going to the tomb to weep there. Now when Mary came to where Jesus was and saw him, she fell at his feet, saying to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping, and the Jews who had come with her also weeping, he was deeply moved in his spirit and greatly troubled. And he said, "Where have you laid him?" They said to him, "Lord, come and see." Jesus wept. So the Jews said, "See how he loved

him!” But some of them said, “Could not he who opened the eyes of the blind man also have kept this man from dying?”

Jesus Raises Lazarus

Then Jesus, deeply moved again, came to the tomb. It was a cave, and a stone lay against it. Jesus said, “Take away the stone.” Martha, the sister of the dead man, said to him, “Lord, by this time there will be an odor, for he has been dead four days.” Jesus said to her, “Did I not tell you that if you believed you would see the glory of God?” So they took away the stone. And Jesus lifted up his eyes and said, “Father, I thank you that you have heard me. I knew that you always hear me, but I said this on account of the people standing around, that they may believe that you sent me.” When he had said these things, he cried out with a loud voice, “Lazarus, come out.” The man who had died came out, his hands and feet bound with linen strips, and his face wrapped with a cloth. Jesus said to them, “Unbind him, and let him go.”

The Plot to Kill Jesus

Many of the Jews therefore, who had come with Mary and had seen what he did, believed in him.

GOOD FRIDAY, APRIL 7

Personal Reflection

6:30–7:30AM, Grace Chapel

Stations of the Cross

12–3PM, Grace Chapel

A quiet, self-guided time to reflect upon Jesus' suffering, death, and resurrection.

Good Friday Service

7PM (Family Friendly)

Reading: Matthew 27

Jesus Delivered to Pilate

When morning came, all the chief priests and the elders of the people took counsel against Jesus to put him to death. And they bound him and led him away and delivered him over to Pilate the governor.

Judas Hangs Himself

Then when Judas, his betrayer, saw that Jesus was condemned, he changed his mind and brought back the thirty pieces of silver to the chief priests and the elders, saying, "I have sinned by betraying innocent blood." They said, "What is that to us? See to it yourself." And throwing down the pieces of silver into the temple, he departed, and he went and hanged himself. But the chief priests, taking the pieces of silver, said, "It is not lawful to put them into the treasury, since it is blood money." So they took counsel and bought with them the potter's field as a burial place for strangers. Therefore that field has been called the Field of Blood to this day. Then was fulfilled what had been spoken by the prophet Jeremiah, saying, "And they took the thirty pieces of silver, the price of him on whom a price had been set by some of the sons of Israel, and they gave them for the potter's field, as the Lord directed me."

Jesus Before Pilate

Now Jesus stood before the governor, and the governor asked him, "Are you the King of the Jews?" Jesus said, "You have said so." But when he was accused by the chief priests and elders, he gave no answer. Then Pilate said to him, "Do you not hear how many things they testify

against you?” But he gave him no answer, not even to a single charge, so that the governor was greatly amazed.

The Crowd Chooses Barabbas

Now at the feast the governor was accustomed to release for the crowd any one prisoner whom they wanted. And they had then a notorious prisoner called Barabbas. So when they had gathered, Pilate said to them, “Whom do you want me to release for you: Barabbas, or Jesus who is called Christ?” For he knew that it was out of envy that they had delivered him up. Besides, while he was sitting on the judgment seat, his wife sent word to him, “Have nothing to do with that righteous man, for I have suffered much because of him today in a dream.” Now the chief priests and the elders persuaded the crowd to ask for Barabbas and destroy Jesus. The governor again said to them, “Which of the two do you want me to release for you?” And they said, “Barabbas.” Pilate said to them, “Then what shall I do with Jesus who is called Christ?” They all said, “Let him be crucified!” And he said, “Why? What evil has he done?” But they shouted all the more, “Let him be crucified!”

Pilate Delivers Jesus to Be Crucified

So when Pilate saw that he was gaining nothing, but rather that a riot was beginning, he took water and washed his hands before the crowd, saying, “I am innocent of this man's blood; see to it yourselves.” And all the people answered, “His blood be on us and on our children!” Then he released for them Barabbas, and having scourged Jesus, delivered him to be crucified.

Jesus Is Mocked

Then the soldiers of the governor took Jesus into the governor's headquarters, and they gathered the whole 108
battalion before him. And they stripped him and put a

scarlet robe on him, and twisting together a crown of thorns, they put it on his head and put a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!" And they spit on him and took the reed and struck him on the head. And when they had mocked him, they stripped him of the robe and put his own clothes on him and led him away to crucify him.

The Crucifixion

As they went out, they found a man of Cyrene, Simon by name. They compelled this man to carry his cross. And when they came to a place called Golgotha (which means Place of a Skull), they offered him wine to drink, mixed with gall, but when he tasted it, he would not drink it. And when they had crucified him, they divided his garments among them by casting lots. Then they sat down and kept watch over him there. And over his head they put the charge against him, which read, "This is Jesus, the King of the Jews." Then two robbers were crucified with him, one on the right and one on the left. And those who passed by derided him, wagging their heads and saying, "You who would destroy the temple and rebuild it in three days, save yourself! If you are the Son of God, come down from the cross." So also the chief priests, with the scribes and elders, mocked him, saying, "He saved others; he cannot save himself. He is the King of Israel; let him come down now from the cross, and we will believe in him. He trusts in God; let God deliver him now, if he desires him. For he said, 'I am the Son of God.'" And the robbers who were crucified with him also reviled him in the same way.

The Death of Jesus

Now from the sixth hour there was darkness over all the land until the ninth hour. And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you

forsaken me?" And some of the bystanders, hearing it, said, "This man is calling Elijah." And one of them at once ran and took a sponge, filled it with sour wine, and put it on a reed and gave it to him to drink. But the others said, "Wait, let us see whether Elijah will come to save him." And Jesus cried out again with a loud voice and yielded up his spirit.

And behold, the curtain of the temple was torn in two, from top to bottom. And the earth shook, and the rocks were split. The tombs also were opened. And many bodies of the saints who had fallen asleep were raised, and coming out of the tombs after his resurrection they went into the holy city and appeared to many. When the centurion and those who were with him, keeping watch over Jesus, saw the earthquake and what took place, they were filled with awe and said, "Truly this was the Son of God!"

There were also many women there, looking on from a distance, who had followed Jesus from Galilee, ministering to him, among whom were Mary Magdalene and Mary the mother of James and Joseph and the mother of the sons of Zebedee.

Jesus Is Buried

When it was evening, there came a rich man from Arimathea, named Joseph, who also was a disciple of Jesus. He went to Pilate and asked for the body of Jesus. Then Pilate ordered it to be given to him. And Joseph took the body and wrapped it in a clean linen shroud and laid it in his own new tomb, which he had cut in the rock. And he rolled a great stone to the entrance of the tomb and went away. Mary Magdalene and the other Mary were there, sitting opposite the tomb.

The Guard at the Tomb

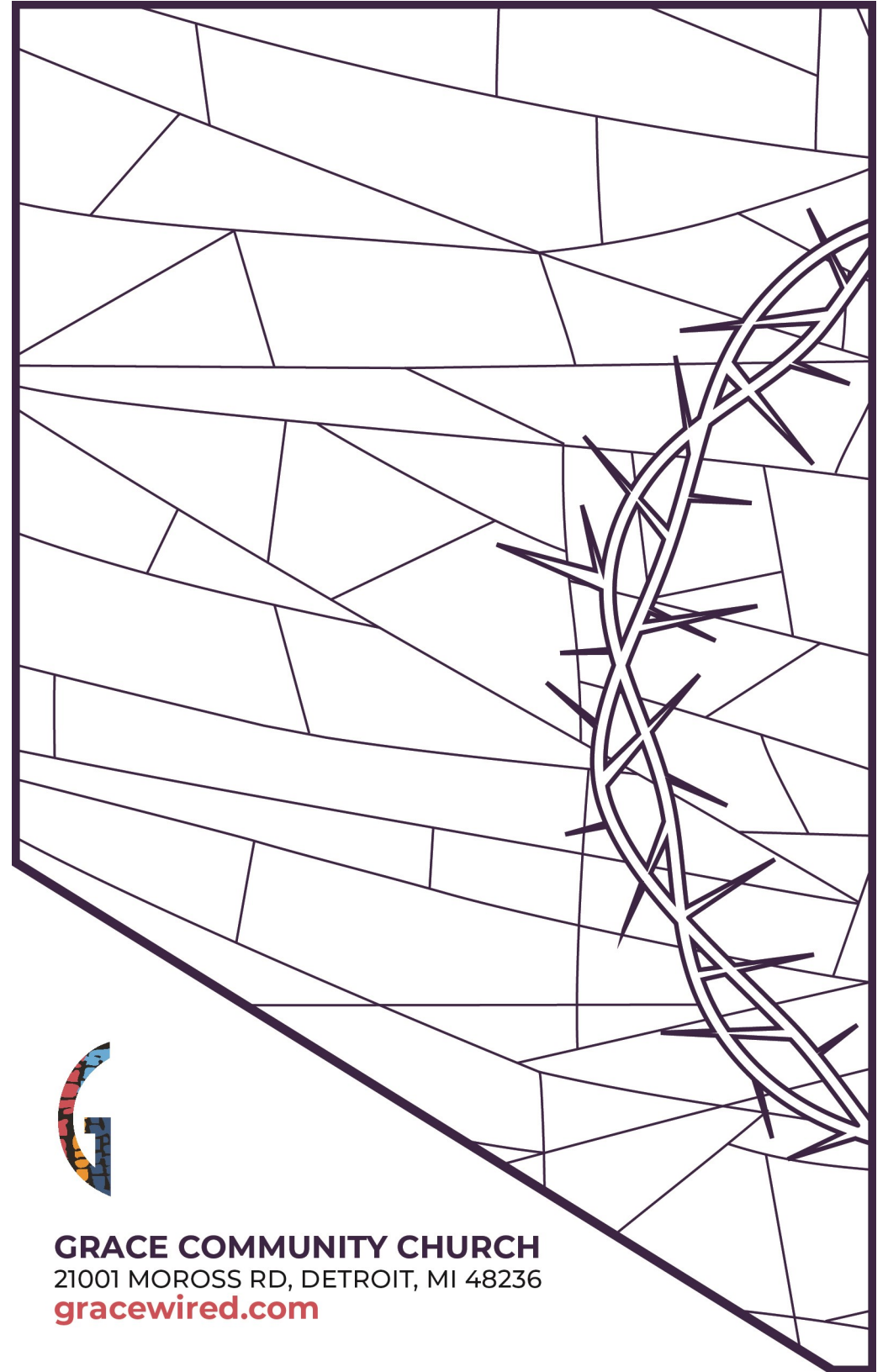
The next day, that is, after the day of Preparation, the chief priests and the Pharisees gathered before Pilate and said, "Sir, we remember how that impostor said, while he was still alive, 'After three days I will rise.' Therefore order

April 8

What gave you life this week?

What drained you this week?

The Maker of man was made man,
that the Ruler of the stars might suck at the
breast; that the Bread might be hungered;
the Fountain, thirst; the Light, sleep;
the Way, be wearied by the journey;
the Truth be accused by false witnesses;
the Judge of the living and the dead;
the Chastener, be chastised with whips;
the Vine be crowned with thorns;
the Foundation, be hung upon a tree;
Strength, be made weak; Health, be wounded;
Life, die. To suffer these and suchlike things,
Undeserved things, that He might free the
undeserving, for neither did He deserve any
evil, who for our sakes endured so many evils,
nor were we deserving of anything good,
we who through Him received such good.



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