

Sunday March 24, 2024 - "Genesis - Jacob - Week 5 - Birth of a Nation - Doug Kempton

Key Passages: Genesis 32:1-12, 22-28, Ephesians 4:22b-24a

- Feel free to read the passage(s) out loud as a group
- Allow the group to share freely about what stood out to them from the passage or from Sunday's message

## Main Ideas

- · Esau has become a powerful leader and brings a force against Jacob
  - Jacob's idea" Split people into two camps and for the 1st time Jacob prays (v9-12)
  - When things are overwhelming -> pray
- Jacob's prayer template
  - Recognition (it matters who we pray to
    - Who God actually is...one true God
    - Who spoke to Jacob personally
  - Prayer of confession
    - Not just admitting sins/sinfulness
    - Truth telling...how God sees things
    - Honest dialogue ("I am afraid")...we can express all of our emotions
  - · Petitions God he needs God, at the end of his rope
  - Remembering the promises of God
    - What God has said
    - Sometimes the only things holding us up are the promises of God
- Prayer of Jacob is connected with wrestling with God
  - Not a vision of a dream, the man = God (who instigates the wrestle)
  - · God answers and honors Jacob's prayer (by wrestling "I can't move unless you get out of the way")
  - He wants to wrestle every last bit of self-sufficiency out of Jacob
  - Stripping Jacob of his old self and preparing him to be the father os Israel
- All of Genesis leads to 32:27-28
  - What is your name? (Jacob is what his name means
  - He gets a new name...that's the old you, walk in your new identity (in the truth of who you are)
- · God gives us a new name and a new identity
- If you surrender to God, he will strip away every label that holds you back
- Ephesians 4:22b-24a (new self)
- · We have a supernatural ability to live out our new identity (Holy Spirit)

Questions (Feel free to use all of these, some of these, or none of these)

- 1. What does it look and feel like for you to recognize God for who he truly is?
- 2. How have you learned to express all of your emotions with God and with others?
- 3. Was there a time in your life when all you had holding you up were the promises of God? What was that like for you?
- 4. What does it mean to walk in your new identity, in the truth of who you really are?
- 5. How has God stripped away labels that were holding you back?
- 6. How has God wrestled self-sufficiency out of you like he did with Jacob?
- 7.What is God inviting you into as a result of this message or passage?

## Songs from the weekend:

[Joy of the Lord - *Grace Worship*] - [Great Are You Lord - *All Sons and Daughters*] - [Only a Holy God - *City Alight*] - [10,000 Reasons - *Matt Redman*]