



SUM

in the psalms

MER

Please turn to **PSALM 91**

(PAGE 316 IN YOUR PSALMS JOURNAL)

**Please silence your phone, but
check in at Grace and post all
the good stuff on social media!**

SUM
in the psalms
MER

Psalm 91

¹ He who dwells in the shelter of the Most High will abide in the shadow of the Almighty.

SUM
in the psalms
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Psalm 91

**² I will say to the Lord,
“My refuge and my fortress,
my God, in whom I trust.**

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in the psalms
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Psalm 91

**3 For he will deliver you from
the snare of the fowler
and from the deadly
pestilence.**

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in the psalms
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Psalm 91

4 He will cover you
with his pinions,
and under his wings
you will find refuge;
his faithfulness is
a shield and buckler.

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in the psalms
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Psalm 91

5 You will not fear the
terror of the night, nor
the arrow that flies by day,
6 nor the pestilence that
stalks in darkness,
nor the destruction
that wastes at noonday.

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in the psalms
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Psalm 91

**7 A thousand may
fall at your side,
ten thousand at
your right hand,
but it will not
come near you.**

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in the psalms
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Psalm 91

**8 You will only look
with your eyes and
see the recompense
of the wicked.**

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Psalm 91

9 Because you have
made the Lord your
dwelling place—
the Most High,
who is my refuge—

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Psalm 91

10 no evil shall be
allowed to befall you,
no plague come
near your tent.

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Psalm 91

11 For he will
command his angels
concerning you
to guard you in
all your ways.

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Psalm 91

12 On their hands they
will bear you up,
lest you strike your
foot against a stone.

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Psalm 91

13 You will tread on the lion and the adder; the young lion and the serpent you will trample underfoot.

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in the psalms
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Psalm 91

14 “Because he holds
fast to me in love,
I will deliver him;
I will protect him, because
he knows my name.

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in the psalms
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Psalm 91

15 When he calls to me,
I will answer him;
I will be with
him in trouble;
I will rescue him
and honor him.

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Psalm 91

16 With long life
I will satisfy him
and show him
my salvation.”

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in the psalms
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Questions to think about:

SUM
in the psalms
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Questions to think about:
**When you first come awake
at the beginning of the day,
where does your mind
naturally go?**

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in the psalms
MER

Questions to think about:

**In the little moments of
space throughout your day,
where does your mind fall
“without thinking” about it?**

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in the psalms
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Questions to think about:

**When you lay your head
on your pillow at night,
what are your final thoughts
as you drift off to sleep?**

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in the psalms
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