

A scenic landscape featuring a large sand dune in the foreground. The dune is light tan and has several footprints leading up its slope. At the top of the dune, there are clumps of dry grass. In the background, a vibrant turquoise lake stretches across the middle ground. The sky above is a deep blue, filled with fluffy white clouds. The overall scene is bright and clear, suggesting a sunny day.

Summer of Ascents

PSALMS FOR THE JOURNEY



Summer of Ascents

PSALMS FOR
THE JOURNEY

“It is the help we
experience, not the
hazards we risk, that
shapes our days.”

EUGENE H. PETERSON

A scenic view of a sand dune with footprints leading to a turquoise lake under a blue sky with clouds. The dune is covered in light-colored sand with several footprints visible. The lake is a vibrant turquoise color, and the sky is a deep blue with scattered white clouds. The overall scene is bright and summery.

Summer of Ascents

PSALMS FOR THE JOURNEY

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PSALMS FOR
THE JOURNEY

TURN WITH US TO PSALM 124

(Page 517 in the Bible under your
seat or page 59 in your journal)



Phone? *Please silence.*
Social media? *Post away!*



PSALM 124

Our Help Is in the Name of the Lord
A Song of Ascents. Of David.

¹ If it had not been the Lord who was
on our side— let Israel now say—

Journal page 59



PSALM 124

2 if it had not been the Lord who
was on our side when people
rose up against us,
3 then they would have swallowed
us up alive, when their anger was
kindled against us;

Journal page 59



PSALM 124

⁴ then the flood would have swept
us away, the torrent would have
gone over us;

⁵ then over us would have
gone the raging waters.

Journal page 59



PSALM 124

6 Blessed be the Lord, who has not
given us as prey to their teeth!

7 We have escaped like a bird
from the snare of the fowlers;
the snare is broken,
and we have escaped!

Journal page 59



PSALM 124

8 Our help is in the name of the Lord,
who made heaven and earth.

Journal page 59

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PSALM 124:1B

let Israel now say...

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Summer of Ascents

PSALMS FOR
THE JOURNEY

This Psalm is
also our psalm.

This Psalm is
your psalm.



PSALM 124:1

If it had not been the Lord
who was on our side—
let Israel now say...

Journal page 59



If it had not been the Lord
who was on our side—
let Grace Community Church now say...



If it had not been the Lord
who was on our side—
let Doug Kempton now say...



If it had not been the Lord
who was on our side—
let each of you now say...



PSALM 124:3-4

3a swallowed us up alive...

4 then the flood would have swept us away, the torrent would have gone over us...

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Summer of Ascents

PSALMS FOR
THE JOURNEY

“We need to imagine
what would have
happened if the Lord
had left us, and then see
what has happened
because he has been
faithful to us.”

CHARLES SPURGEON



PSALM 124:2

if it had not been the Lord
who was on our side
when people rose up against us...

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2 CHRONICLES 20:1-2

¹The Moabites and Ammonites,
and with them some of the Meunites,
came against Jehoshaphat
for battle. ²Some men came
and told Jehoshaphat,



2 CHRONICLES 20:1-2

“A great multitude is coming against you from Edom, from beyond the sea; and, behold, they are in Hazazon-tamar” (that is, Engedi).



2 CHRONICLES 20:12B

“...We do not know what to do,
but our eyes are on you.”



2 CHRONICLES 20:21

“Give thanks to the Lord,
for His love endures forever.”



Summer of Ascents

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THE JOURNEY

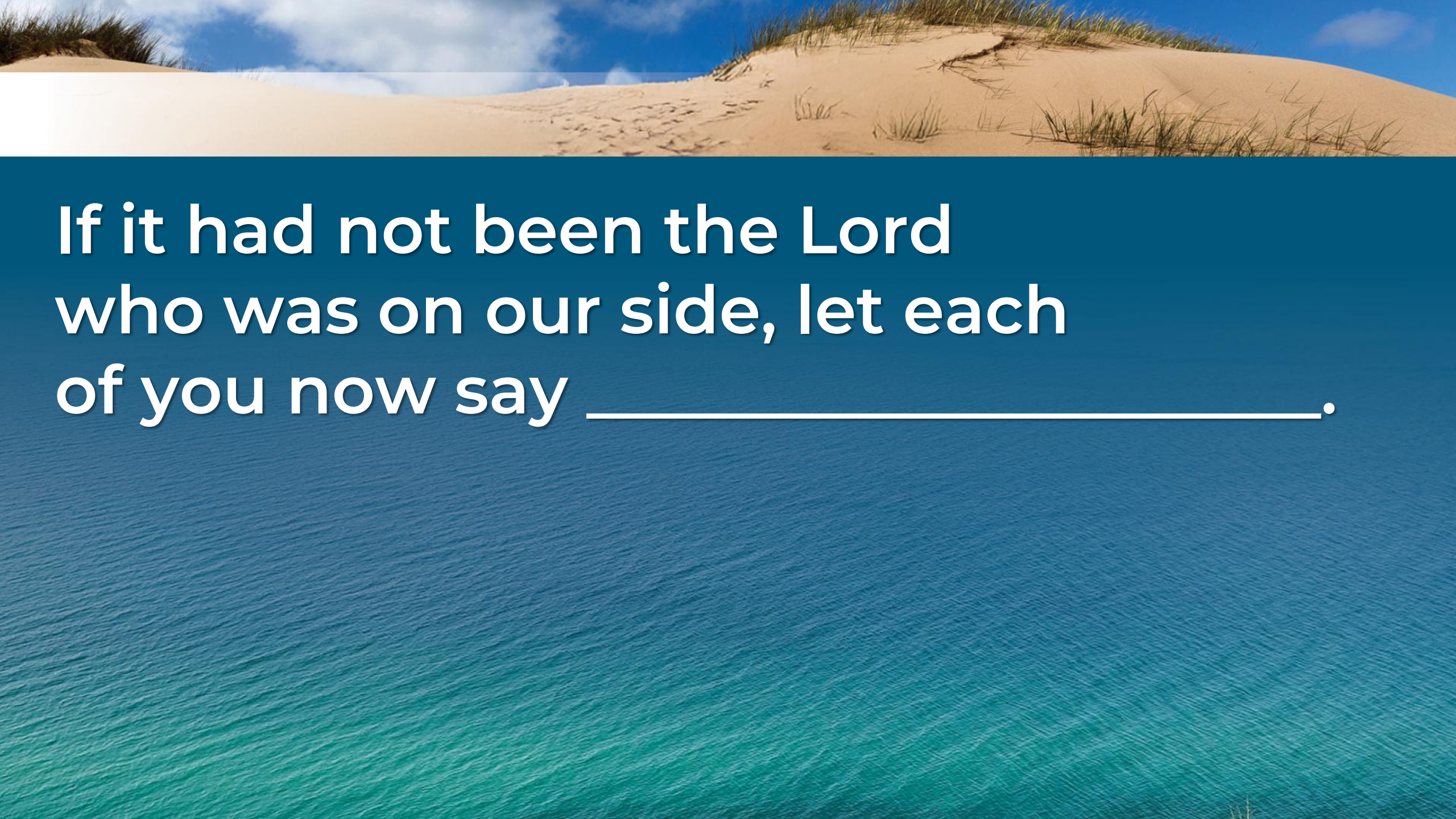
God always shows up.

It's our memory
that doesn't.



JOHN 13:12B (NIV)

“Do you understand
what I have done for you?”



If it had not been the Lord
who was on our side, let each
of you now say _____.



Summer of Ascents

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God always shows up.

It's our memory
that doesn't.



JOHN 13:12B (NIV)

**“Do you understand
what I have done for you?”**

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