



# Summer of Ascents

PSALMS FOR THE JOURNEY





# Summer of Ascents

PSALMS FOR  
THE JOURNEY

Which path or  
walk is easier—  
the way of Jesus  
or the way of self?





# Summer of Ascents

PSALMS FOR  
THE JOURNEY

Is it easier to follow Jesus  
or to go wherever your  
desires take you?



# Summer of Ascents

PSALMS FOR  
THE JOURNEY

## TURN WITH US TO PSALM 128

(Page 518 in the Bible under your  
seat or page 107 in your journal)



Phone? *Please silence.*  
Social media? *Post away!*





# PSALM 128

Blessed Is Everyone  
Who Fears the Lord

<sup>1</sup> Blessed is everyone who  
fears the Lord,  
who walks in his ways!

*Journal page 107*





## PSALM 128

**2** You shall eat the fruit of the  
labor of your hands;  
you shall be blessed, and it shall  
be well with you.

*Journal page 107*





## PSALM 128

**3** Your wife will be like a fruitful vine  
within your house;  
your children will be like olive shoots  
around your table.

*Journal page 107*





# PSALM 128

<sup>4</sup> Behold, thus shall the man  
be blessed  
who fears the Lord.

*Journal page 107*





# PSALM 128

**5** The Lord bless you from Zion!  
May you see the prosperity  
of Jerusalem  
all the days of your life!

*Journal page 107*





# PSALM 128

**6** May you see your children's children!  
Peace be upon Israel!

*Journal page 107*



A scenic landscape featuring a large sand dune in the foreground. The dune is light tan and has several footprints leading up its slope. At the top of the dune, there are clumps of dry grass. In the background, a vibrant turquoise lake stretches across the middle ground. The sky above is a deep blue, filled with fluffy white clouds. The overall scene is bright and clear, suggesting a sunny day.

# Summer of Ascents

PSALMS FOR THE JOURNEY





## PSALM 128:1

Blessed is everyone who  
fears the Lord,  
who walks in his ways!

*Journal page 107*





# PSALM 128:1

Blessed is everyone who  
**fears** the Lord,  
who walks in his ways!

*Journal page 107*





# Summer of Ascents

PSALMS FOR  
THE JOURNEY

Blessed is everyone  
who fears the Lord





# Summer of Ascents

PSALMS FOR  
THE JOURNEY

## “How to Be Blessed”





# PSALM 128:1

Blessed is everyone who  
fears the Lord,  
who **walks in his ways!**

*Journal page 107*





# Summer of Ascents

PSALMS FOR  
THE JOURNEY

## Hear and Obey





# Summer of Ascents

PSALMS FOR  
THE JOURNEY

Which path or  
walk is easier—  
the way of Jesus  
or the way of self?



# Summer of Ascents

PSALMS FOR  
THE JOURNEY

God's hard road  
is the only road  
to His easy yoke.



A scenic landscape featuring a large sand dune in the foreground. The dune is light tan and has several footprints leading up its slope. At the top of the dune, there are clumps of dry grass. In the background, a vibrant turquoise lake stretches across the middle ground. The sky above is a deep blue, filled with fluffy white clouds. The overall scene is bright and clear, suggesting a sunny day.

# Summer of Ascents

PSALMS FOR THE JOURNEY