



# TURNWITH US TO PSALM 131

(Page 519 in the Bible under your seat or page 143 in your journal)



Phone? Please silence.
Social media? Post away!



I Have Calmed and Quieted My Soul A Song of Ascents. Of David.

O Lord, my heart is not lifted up; my eyes are not raised too high; I do not occupy myself with things too great and too marvelous for me.

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<sup>2</sup> But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

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<sup>3</sup> O Israel, hope in the Lord from this time forth and forevermore.













O Lord, my heart is not lifted up; my eyes are not raised too high; I do not occupy myself with things too great and too marvelous for me.

### PSALM 131:2

But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

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## HEBREWS 5:13-14

13 for everyone who lives on milk is unskilled in the word of righteousness, since he is a child. 14 But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.





He must increase, but I must decrease.

JOHN THE BAPTIST

#### 2 CORINTHIANS 12:8-9

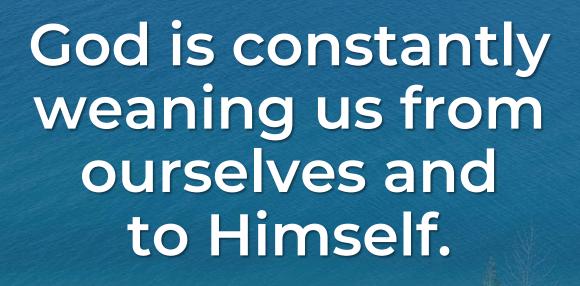
<sup>8</sup>Three times I pleaded with the Lord about this, that it should leave me.

<sup>9</sup>But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness."



Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.

PAUL THE APOSTLE







"Jesus uses our trials to wean us from earth and woo us to heaven."

CHARLES SPURGEON

#### WEAN FROM EARTH WOO TO HEAVEN

Self-Interest --> Others-Focused

Self-Righteous -> Humility

Self-Reliant

Childlike Dependence

